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PSY-ZING UP 2012'S CELEB HEADLINERS

TURN THE PAGES TO SEE IF YOUR TOP 5 POP CULTURE MOMENTS OF THE LAST YEAR MATCH METRO'S PAGE 11

OTTAWA metro®

Wednesday, January 2, 2013

News worth sharing.

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One of the hundreds of Sears Great Canadian Chill participants reacts as she hits the water at Britannia Beach. For more photos, check out our web gallery online at metronews.ca. SEAN MCKIBBON/METRO

Screaming themselves Norse

Brrr! Sears Great Canadian Chill participants take icy plunge for fun and charity

SEAN MCKIBBON
sean.mckibbon@metronews.ca

Crisp, bright, sunny January. Temperature sitting at -13 C. Wind making it feel like -20 C. What better conditions for a dip in the Ottawa River?

"AAAAARRRRRRRRRRRRGGHHHHHHHHHHHH!!!!!!!"

The man in the Viking helmet sounds fierce as he and two friends plunge into a small square cut into the ice at Britannia Beach for the Sears Great Canadian Chill. But it's also possible his vocal cords have simply frozen stuck. A bikini-clad woman who also donned a Viking helmet preceded the party, but if she screamed going into the water, it may have been in a register beyond the range of normal human hearing.

Standing in ice-encrusted hip-waders, the event's director, Clayton Charters, watched as the brave Viking and his war party beat a hasty retreat. The Vikings were quickly replaced by other deranged, frigid troops.

"The event went great. We had, as always, tremendous support from the Ottawa community for the Sears Canada foundation and (The Children's Hospital of Eastern Ontario) and, so far, we've raised over $50,000 for pediatric-oncology initiatives," said Charters.

Fundraising manager Chloe Creavalle said about 320 people came out to take the icy plunge, including about 30 who showed up New Year's Day to register.

"It was cold, but actually not as bad as I thought," said a smiling, soggy Craig Pratt as he jogged away from the beach to the men's change room. His breath formed clouds that caught the sunlight as he spoke.

Etienne Lefebvre said he and his group of friends dubbed, "Team Titanium," knew a number of families who had lost children to cancer. "I've spoken to them and they're really supportive of us doing this," said Lefebvre.

New Year's misfortune

At least 61 dead in Ivory Coast after stampede PAGE 5

New Year's bundle of joy

Ottawa's first 2013 baby wasn't due for a few more weeks PAGE 2

Back to work

Your holiday of sleeping in till noon and reading trashy novels is over — here are some coping strategies PAGE 14

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Surprise! Ottawa New Year's baby arrives early, healthy

Madison Suzanne Sauve. Mother recovering from 21-hour labour — while entertaining media interested in city's first baby born in 2013

STEVE COLLINS
ottawa@metronews.ca

Ottawa's first baby of 2013 brought joy — and the unexpected — to her parents early yesterday morning.

Robert and Audrey Sauve welcomed their first child, Madison Suzanne Sauve, at two minutes past midnight New Year's Day at the Ottawa Hospital's Civic Campus.

She's in good health, weighing six pounds and one ounce.

The Sauves were still recovering yesterday from the 21-hour labour, and Madison's arrival three weeks ahead of schedule.

"She wasn't due until January 23," said Robert.

Audrey's brother, Francis Faucher, got the surprise call Monday morning and sprang into action.

"It was clearly ahead of schedule, so we weren't exactly prepared for it," he said.

"But I helped them out, got a few things, made it as fast as I could here so everything was ready for them."

The Sauves could hardly have known Madison would also be Ottawa's first baby born in 2013 and would spend her first day entertaining the news media at the hospital.

"It's interesting," said Robert. "It's a big surprise."

Faucher joked that his newborn niece was taking her celebrity in stride.

"She's all right," he said. "She's taking it as an honour. It's definitely something new for her, so she's quite enjoying it."

Quoted

"It was clearly ahead of schedule, so we weren't exactly prepared for it."

Francis Faucher, new mom Audrey Sauve's brother

Robert and Audrey Sauve show off their new baby girl, Madison Suzanne. STEVE COLLINS/FOR METRO

Getting a gym membership's the easy part

Brian Fleming, owner of Elgin Fitness. STEVE COLLINS/FOR METRO

If you resolved to get in shape for 2013, you've got company.

Brian Fleming, owner of Elgin Fitness, which signed up several new members New Year's Day, says it's a busy time of year for gyms.

"This is definitely a time of year when people make changes in their lives, whether it's fitness or whether it's other things in general and fitness happens to be one of them," he said. "It also coincides with the colder months of the year when people can't do as much activity outdoors."

Whether the new members persevere, Fleming added, really depends on them.

"For some people, it may be a temporary thing, it might last two or three months, and for other people it might be a life-long course that they've taken," he said. "It depends on the person and their motivations and their expectations and whether or not they can work towards those." STEVE COLLINS/FOR METRO

Tips

- **Pace yourself.** "If you go all out the first week," warns Fleming, "you'll probably burn yourself out."
- **Team up.** Working out with a gym buddy can help keep you both get motivated in the beginning, but don't assume your schedules and goals will always match up.
- **Stay focused.** "It's about taking your time, doing things for yourself with your own goals in mind," Fleming says.

Serious, stable condition

Elderly man struck by car

Paramedics treated a pedestrian believed to be in his 80s for head injuries after he was struck by a car at Baseline Road near Clyde Avenue around 5:20 p.m. Monday. He was listed in serious but stable condition in hospital. Police are investigating the incident.
STEVE COLLINS/FOR METRO

Kanata

Missing 21-year-old woman found

Ottawa police were able to locate a woman who left a house party in Kanata around 3 a.m. Tuesday without any winter clothing. Tamara Allen, 21, was reported missing after she left the party reportedly only wearing a black top, red skirt and black lace tights. Police said she is safe.
STEVE COLLINS/FOR METRO

Abdominal, leg injuries

Man hospitalized after truck crash

A 30-year-old man was hit by a truck and then trapped between the vehicle and a hydro pole just after 6 p.m. Monday at Heron Road and Finn Ct. Paramedics treated him for significant abdominal and leg injuries and transported him to the trauma centre where he remained in serious condition. STEVE COLLINS/FOR METRO

No wrongdoing

SIU clears cop

Ontario's Special Investigations Unit cleared an OPP officer of wrongdoing after a 30-year-old female prisoner's baby finger was crushed by a cellblock door in Rockland on Nov. 15. The SIU says the officer "did nothing wrong" because there was nothing to suggest he knew where the woman had placed her hand. THE CANADIAN PRESS

Contract deals

Deadline passes for teachers

The deadline for Ontario teachers to reach agreements with their local school boards passed at one minute before midnight, Dec. 31. Education Minister Laurel Broten now has the power under Bill 115 to impose contracts in cases where no deals have been reached.
THE CANADIAN PRESS

Age test to decide if suspected rapist can face murder charge

India. Prosecutors seek death penalty for five other suspects held in rape and murder case

A bone test is being conducted to confirm the age of a young suspect in custody in the fatal assault and gang rape of a woman on a bus in India's capital, while prosecutors will seek the death penalty for five other men arrested with him, police said Tuesday.

The six will be formally charged Thursday on accusations that they kidnapped, gang-raped and murdered the 23-year-old woman in New Delhi on Dec. 16, a police spokesman said. Outraged Indians have been demanding the death penalty for the six men, holding demonstrations almost every day. Murder is punishable by death; rape, by life imprisonment. But those below 18 years of age cannot be prosecuted for murder.

Too often ignored

Activists hope the assault will shatter taboos and make authorities take such cases more seriously.

- Police often refuse to hear complaints, and even accuse victims of inviting male attention.
- Families also dissuade victims from coming forward in the belief that it will ruin their reputations.

Another officer said a bone test is being conducted to determine if one suspect is indeed a juvenile. If the test determines he is 18 years or older he will be treated as an adult, said the officer, who spoke on condition of anonymity. Many officials cancelled their New Year's celebrations on Monday.

THE ASSOCIATED PRESS

The gang rape and killing of a student has set off an impassioned debate about what India needs to do to prevent another tragedy. DAR YASIN/THE ASSOCIATED PRESS

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IGO Cyber House Inc: 223 Bank St

FTA Tronix: 1807 Carling Ave

City Mobile: TNT Supermarket 224 Hunt Club Rd, Unit B

Rocknet Telecom Inc. 967 St. Laurent Blvd, Unit 3

U.S. Hillary Clinton on blood thinners for clot, expected to recover fully

Secretary of State Hillary Rodham Clinton continues to recover in a New York hospital where she's being treated for a blood clot in her head.

Her doctors say blood thinners are being used to dissolve the clot and are confident she will make a full recovery. Clinton didn't suffer a stroke or neurological damage from the clot that formed after she suffered a concussion during a fainting spell at her home in early December, doctors said in a statement Monday.

Clinton, 65, was admitted to New York-Presbyterian Hospital on Sunday when the clot turned up on a follow-up exam on the concussion, Clinton spokesman Phillipe Reines said. THE ASSOCIATED PRESS

Illness

- Clinton returned to the U.S. from a trip to Europe, then fell ill with a stomach virus in early December that left her severely dehydrated.
- Her condition worsened when she fainted, fell and suffered a concussion while home alone in mid-December as she recovered from the virus.

New York City

Death on subway New Year's Day

New York City police say a young woman stumbling around on a subway platform not far from Times Square fell onto the tracks and was killed by a train. THE ASSOCIATED PRESS

Molten money

Bank hushes talk of melting bills

Responding to a formal request, the Bank of Canada released records — almost completely blanked out — concerning claims its new polymer bills melt in the summer. THE CANADIAN PRESS

Police ID some victims in fatal B.C.-bound bus crash

Oregon. Washington man named as one of the dead, seven Canadian residents among the injured

RCMP in B.C. say they've been asked to help notify the victims' relatives. OREGON STATE POLICE HANDOUT/THE ASSOCIATED PRESS

Investigators in Oregon are trying to piece together the final moments before a Vancouver-bound tour bus carrying 48 people careened down a steep hillside, ejecting some passengers and killing nine.

Police said Monday they still weren't sure how fast the bus was travelling before the crash on a partly icy highway in a rural mountain pass east of Pendleton, Ore.

Oregon State Police identified one victim as a 57-year-old Washington man. Authorities said Dale William Osborn was killed in Sunday's crash and his wife Sue Osborn is in hospital.

His daughter, Jennifer Sherman, said she was told her father was hit in the head by a rock while her mother was thrown into a river bed.

A list of injured released by police named seven Canadian residents, including the driver, identified as 54-year-old Haeng Kyu Hwang of Vancouver.

Police said they were working with the Korean Consulate to identify other victims. State police confirmed 39 people were transported for treatment of injuries and at least 10 of them were released.

Jaemin Seo, a 23-year-old Korean student who has been studying in Vancouver, said he was awakened by screaming and was ejected from a broken window as the bus careened down the hill. He suffered a broken ankle and a gash in his arm.

The crash occurred near a spot called Deadman Pass, at the top of a steep, 11-kilometre descent from the Blue Mountains. THE ASSOCIATED PRESS

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Stampede after fireworks kills 61

New Year's tragedy. Most of those killed in Abidjan, Ivory Coast, were children and teens

A crowd stampeded after leaving a New Year's Eve fireworks show early Tuesday in Ivory Coast's main city, killing 61 people — many of them children and teenagers — and injuring more than 200, rescue workers said.

Thousands had gathered at the Felix Houphouet Boigny Stadium in Abidjan's Plateau district to see the fireworks. It was only the second New Year's Eve fireworks display since peace returned to this West African nation after a bloody upheaval over presidential elections put the nation on the brink of civil war and turned this city into a battle zone.

With 2013 showing greater promise, people were in the mood to celebrate on New Year's Eve. Families brought children and they watched the rockets burst in the nighttime sky. But only an hour into the new year, as the crowds poured onto the Boulevard de la Republic after the show, something caused a stampede, said Col. Issa Sako of the fire department rescue team. How so many deaths occurred on the broad boulevard and how the tragedy started is likely to be the subject of an investigation.

Many of the younger ones in the crowd went down, trampled underfoot. Most of those killed were between eight and 15 years old.

"The flood of people leaving the stadium became a stampede which led to the deaths of more than 60 and injured more than 200," Sako told Ivory Coast state TV.

Desperate parents went to the city morgue, the hospital and the stadium to try to find missing children.

State TV showed a woman sobbing in the back of an ambulance; another was bent over on the side of the street, apparently in pain; and another, barely conscious and wearing only a bra on her upper body, was hoisted by rescuers. There were also scenes of small children being treated in a hospital. One boy grimaced in pain and a girl with coloured braids in her hair lay under a blanket with one hand bandaged. The death toll could rise, officials said.

The government organized the fireworks to celebrate Ivory Coast's peace, after several months of political violence in early 2011 following disputed elections. THE ASSOCIATED PRESS

Missing children

"I have just seen all the bodies, but I cannot find my son.... I don't know what to do."

Mamadou Sanogo, who was searching for his nine-year-old son, Sayed, at the morgue

An Ivory Coast soldier stands next to the belongings of people involved in a deadly stampede in Abidjan, Ivory Coast. At least 61 people were killed following a New Year's Eve fireworks display. EMANUEL EKRA/THE ASSOCIATED PRESS

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GOP brinkmanship threatens deal to avert fiscal cliff

Washington, D.C. Rare New Year's Day session comes after Senate OKs compromise bill

Sen. John Barrasso, left, R-Wyo., talks with Sen. Brian Schatz, D-Hawaii, who holds up his watch, after a vote on the fiscal cliff Tuesday on Capitol Hill. The Senate passed legislation early New Year's Day to neutralize a combination of across-the-board tax increases and spending cuts that kicked in at midnight.
ALEX BRANDON/THE ASSOCIATED PRESS

Manoeuvred into a political corner, House Republicans abandoned demands for changes in emergency legislation to prevent widespread tax increases and painful across-the-board spending cuts and cleared the way for a final, climactic New Year's night vote.

The decision capped a day of intense political calculations for conservatives who control the House. They had to weigh their desire to cut spending against the fear that the Senate would refuse to consider any changes they made in the so-called fiscal cliff bill, sending it into limbo and saddling Republicans with the blame for a whopping middle-class tax increase.

Adding to the GOP discomfort, one Senate Democratic leadership aide said Majority Leader Harry Reid would "absolutely not take up the bill" if the House changed it. The aide spoke on condition of anonymity.

The legislation cleared the Senate hours earlier on a lopsided pre-dawn vote of 89-8. Administration officials met at the White House to monitor its progress.

"I do not support the bill. We are looking, though, for the best path forward," House Majority Leader Eric Cantor, R-Va., declared after one meeting of the party's rank-and-file.

Despite Cantor's remarks, Speaker John Boehner took no public position on the bill as he sought to negotiate a conclusion to the final crisis of a two-year term full of them.

It wasn't the first time that the Tea Party-infused House Republican majority has rebelled against the party establishment since the GOP took control of the chamber 24 months ago. But with the two-year term set to end Thursday at noon, it was likely the last.

Economists have warned that without action by Congress, the tax increases and spending cuts that technically took effect with the turn of the new year at midnight could send the economy into recession. THE ASSOCIATED PRESS

Online

For the latest updates, visit metronews.ca

Let's make a deal

- The Senate-approved measure would be the first significant bipartisan tax increase since 1990, when former president George H.W. Bush violated his "read my lips" promise on taxes.
- It would raise an additional $620 billion US over the coming decade when compared with revenues after tax cuts passed in 2001 and 2003, during the Bush administration. But because those policies expired at midnight Monday, the measure is officially scored as a whopping $3.9-trillion US tax cut over the next decade.

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Alcohol. Ontario to test selling liquor, wine in supermarkets

Ontario's Liberal government moved Monday to counter a Progressive Conservative proposal to allow corner stores to sell alcohol by announcing a pilot project to sell liquor and wine in 10 grocery stores.

"The goal here is better consumer access," Finance Minister Dwight Duncan said in an interview. "Ontarians are, generally speaking, very pleased with the system of (liquor) distribution; they just want more access, and we think this is the right way to go."

Some Ontario shoppers will have a new option for buying alcohol starting late in 2013 when the Liquor Control Board sets up Express stores inside 10 supermarkets in communities yet to be determined. Consumers would still take their alcohol purchases to an LCBO cashier, not to the grocery checkout with their food items.

THE CANADIAN PRESS

Quoted

"The goal here is better consumer access."
Finance Minister Dwight Duncan

YOLO, SO IT'S TIME TO RETIRE THESE CLICHÉS

JUST SAYIN'
Paul Sullivan
metronews.ca/voices/just-saying

How many times over the past year have you heard the term "double down?"

If you answered, "Too many," you probably feel much the same way about other misused and abused words and phrases of 2012, including, but not restricted to: fiscal cliff, trending, passion, spoiler alert, bucket list, superfood and the now-unavoidable YOLO (you only live once).

These and others turned up on this year's Lake Superior State University's 2013 List of Banned Words. When you're only a minor seat of higher learning in the snowbelt — and not Harvard — you need to come up with a shtick to get noticed.

Back in 1975, some PR genius at LSSU came up with the idea of an annual list of words that need to be banned. Every year, the university publishes a selection of words and phrases compiled from the submissions of grumpy wordsmiths across North America, and, every year, the news services cover it as if it's actually news. Of course, "wordsmith" made the list one year, but, like most of the other words on the list, people just keep on using them … until they don't.

An aptitude for platitudes

It's like you belong to a club, and the only requirement for membership is that you have to use the trendy word before your mother texts it to her BFF.

The list is more important now than ever as the alarming proliferation of bloggers who feed off other bloggers has led to the near-complete eradication of original thought, as everyone doubles down on the trending slang.

It's like you belong to a club, and the only requirement for membership is that you have to use the trendy word before your mother texts it to her BFF (previously banned abbreviation for best friend forever). If you continue to use it after that, you earn the scorn of the haters, but I'm sure everyone else thinks you're terribly trending.

The problem with "trending," according to its nominators, is that it's not up to the task: trending which way? Up? Down? Out?

The problem with the fiscal cliff is obvious. Talk about a lazy reference to the worst financial crisis of the century to date. But instead of working hard to understand it, all of us lemmings prefer to roll it up and package it in a neat phrase that we can take with us as we go over it.

"Double down" is particularly odious. It allows you to pretend you're a real riverboat gambler, comfortable with high-risk blackjack strategies, when you don't know jack about doubling down or hitting me up or whatever.

One of my faves this year is "passion," as in, "That's my passion," justifying some inane or inherently dangerous practice you're currently enthusiastic about. "Passion" goes well with "fruit" and "Easter," but otherwise should be avoided as overkill.

Just because YOLO, it doesn't mean you should give in to your passion for clichés.

Just sayin'.

Oh yeah? Trend this: Psy, left, performs in Times Square during New Year's Eve celebrations in New York City. The South Korean rapper was third in Google's 12th-annual ranking of trending searches for 2012.
CHARLES SYKES/INVISION/THE ASSOCIATED PRESS

Moscow on the Mediterranean

ODED BALILTY/THE ASSOCIATED PRESS

Distinct society

From Russia with love of culture

The children of immigrants from the former Soviet Union attend a ballet class in Lod, central Israel. The Soviet state crumbled 20 years ago, and in the aftermath, more than one million of its citizens took advantage of Jewish roots to emigrate to Israel. Some prominent ballet dancers were among them, forming ballet schools and continuing a dance culture highly regarded in their mother country.
THE ASSOCIATED PRESS

Growing influence

3rd

Israel has the world's third-largest Russian-speaking community outside of the former Soviet Union, after the U.S. and Germany. Today, Russian-speaking émigrés and their children occupy virtually every corner of Israeli society, from academia and technology to the military and politics. Every fourth employee in Israel's flourishing high-tech industry is a Russian-speaking immigrant, as is every other engineer. The world's second-ranked chess master, Belarus-born Boris Gelfand, lives in Israel, and about one-quarter of Israel's Olympic coaches grew up in the former Soviet Union.

Kosher clash

ODED BALILTY/THE ASSOCIATED PRESS

An employee of the Mizra pork-processing plant poses with a pig's head in a refrigerated warehouse in Kibbutz Mizra, northern Israel. The Russian immigrant community has increased demand for pork in the country, a non-kosher food rarely eaten by Israeli Jews.
THE ASSOCIATED PRESS

Old country and new

Russian power on the rise

By virtue of their sheer numbers in a country of eight-million people, the Russian population has transformed Israel. In parts of the country, it's hard to find a single Hebrew sign in a sea of Cyrillic. Shopkeepers address customers in Russian and stores are amply stocked with red caviar and vodka. Russian pop beats thump at bars, and in some homes, people are as likely to be hunched over a chessboard as they are a computer keyboard.
THE ASSOCIATED PRESS

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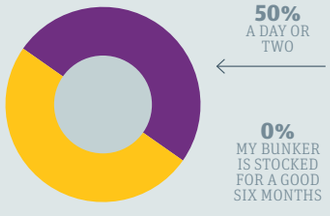
How long could you survive in your house if there was a severe natural disaster?



Twitter

@ElaineOrrMorgan: Does anyone in west Ottawa have a tutu we can borrow? @RossMcMorgan would like one for the Sears Polar Bear Dip today.

@CrankyGnome : Ever notice how often the real cold winter weather starts right on New Year's Day? Very consistent here in Ottawa.

@PopCBlog: On flight back to Ottawa, for once in my life I'm sitting beside a cute guy on the plane, hellooooo 2013!

@Cyrus_Alexander: The streets of ottawa could not look more post apocalyptic at 9 am on new years day #walkingdead

@ottawalauren: Hey #Ottawa, have you seen my lost purse? It's somewhere between Sir John A's and my house. A casualty of 2013 revelry.

metro

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SCENE 2

DVD review

Looper

Director. Rian Johnson

Stars. Joseph Gordon-Levitt, Emily Blunt

Looper is a real head flip of a time trip, definitely not your usual ray gun routine, which is why it was chosen as the gala opener for this year's TIFF. Skillfully bending genres since he first smashed with Brick in 2005, Rian Johnson puts that film's star, Joseph Gordon-Levitt, into an identity crisis sci-fi thriller set in the Kansas of 2044. JGL plays Joe, a "looper" (hit man) working for innovative mobsters from the year 2074, who use a time machine to send their victims back three decades for untraceable bullets and burning. Fast cash is just a shot away for ice-cool Joe and his blunderbuss – until a new crime kingpin decides to "close the loop" and the mirror threatens. Bruce Willis and Emily Blunt co-star in this future shocker that is smarter than most, at least until the novelty wears thin. Extras include deleted scenes,

PETER HOWELL

Horror icon Leatherface returns to hunt unsuspecting teenagers in the latest installment of The Texas Chainsaw Massacre series, Texas Chainsaw 3D. HANDOUT

Carving out a killer franchise — in 3D

Horror. The Texas Chainsaw Massacre's Leatherface has been terrifying audiences for more than 30 years

Two far-flung events inspired director Tobe Hooper to write The Texas Chainsaw Massacre, the down-and-dirty 1974 indie film that spawned sequels, prequels and this weekend's splashy 3D remake — the imaginatively titled Texas Chainsaw 3D.

In November 1957, police raided the home of Plainfield, Wis., farmer Ed Gein, uncovering gruesome evidence that would lead to charges of murder and body snatching.

After two trials, he spent the rest of his life in a mental facility, but his story would go on to inspire three characters–Norman Bates from Psycho, Buffalo Bill from The Silence of the Lambs and one other that would serve as the basis for six films.

Gunnar Hansen, who played Leatherface in Texas Chainsaw Massacre, says Hooper and co-writer Kim Henkel based the character of the hooded chainsaw killer on Gein.

"When they set out to write this movie," he said, "they decided to have a family of killers who had some of the characteristics of Gein: the skin masks, the furniture made from bones, the possibility of cannibalism."

Hooper adds the story was also partially inspired by "the massacres and atrocities in the Vietnam War" and a display of chainsaws in the hardware section of a crowded Montgomery Ward's department store.

"The idea popped," he remembered. "I said, 'Ooh, I know how I could get out of this place fast — if I just start one of these things up and make that sound.'"

That nerve jangling noise–the revving of a chainsaw–has been the soundtrack of terror ever since. The original is an atmospheric gem, a white-knuckle movie that made Leatherface the first icon of modern horror.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Our celeb wishes and Twitter dreams for 2013

THE WORD
Dorothy Robinson
scene@metronews.ca

Here's some New Year's resolutions we wish the stars would aim for:

• **Katy Perry:** "I will stop dating bad boys with stringy black hair."

• **Lindsay Lohan**: "I will try to make my probation officer's 2013 as painless as possible."

• **Prince Harry:** "I will try to have more fun in 2013."

• **Psy:** "I will not make a 'serious' album. Not yet, at least."

• **Kristin Stewart:** "I will smile."

• **Rihanna:** "I will stop dating Chris Brown once and for all."

Twitter hopes

These stars left Twitter — some for good reasons, some for bad — in 2012. Here's some Twitter accounts we wish would come back in 2013:

@adele
The singer left Twitter after receiving nasty death threats about her newborn son from Twitter trolls. It would be great for her to come back so we can show her that humanity isn't awful.

@KanyeWest
"BE BACK SOON" was the last thing posted on the singer's epic Twitter feed, which gave us such gems as "I just threw some kazoo on this b-tch" and "Sometimes I get emotional over fonts." Wherefore art thou, Kanye?

@CharlieSheen
After he accidentally tweeted his phone number in an attempt to contact Justin Bieber (hahahahahaha), Sheen deleted his Twitter account. Come and remind us what all the fuss was about.

Top 5 pop culture moments of 2012

Entertainment. From "Hey, sexy lady" to saying goodbye to an icon, Metro looks back at some of the year's biggest moments.

Top 5

1. Whitney Houston dies.
2. Tom Cruise and Katie Holmes divorce.
3. Kristen Stewart cheats on Robert Pattinson.
4. PSY takes over the world with Gangnam Style.
5. The royals are having a baby.

•"**Whitney Houston**'s death in February was a tragic event that symbolically set the tone for a year where the old guard in soul and R&B music gave way to a younger generation, as hip-hop kids like **Frank Ocean, Miguel** and **The Weeknd** basically reinvented the genre in 2012." PAT HEALY

•"I remember going to a party and it's all anyone could talk about. I mean, we all knew she wasn't doing well, but I guess we didn't realize the extent of her fall from grace until it was too late." DOROTHY ROBINSON

•"Our 'Kristen, how could you?' cover is blown-up and hanging on the wall next to my desk. Every day I ask myself the same thing." MEREDITH ENGEL

•"At the risk of giving this any more ink: **Robert Pattinson**'s hair at least deserves to be cheated on in a proper hotel room." MONICA WEYMOUTH

•"I can't believe you would vote for Stewart/Pattinson break up when we don't mention 50 Shades. It's bonkers it's not on this list. But maybe it's not because we are all still wondering how such badly written erotica could take off like it did." DR

•"I just wanted to say that I think my 2012 approach to the Kardashian family has really worked this year. I vowed at the onset of 2012 to not speak the Kardashian name aloud. And look at how you're not seeing them on quite as many magazine covers in the checkout line. They're not even on this list! It's the power of the cosmic unconscious, people! Yes, the one that they call Kim is doing whatever she can to keep her flicker of fame alight — hiring Kanye West to pretend like he's into her and now pregnant with his child — but in 2013 if we all agree not to speak the name of that family, I think we can finally make them go away forever." PH

Pop icon Whitney Houston was only 48 years old when she died on Feb. 11. GETTY IMAGES

Kristen Stewart issued a public apology to boyfriend Robert Pattinson when she was caught cheating this summer. GETTY IMAGES

Psycho for Psy

"When my mother asked me what K-Pop was, I knew this thing was bigger than all of us. Parents are the best barometer."

Heidi Patalano, on Gangnam Style

Psy GETTY IMAGES

•"I never thought I'd be someone who thinks of themselves as a 'royal fan' but I really dig Kate and William and I'm excited for them." DR

•"Agreed! Although I'm probably more on Team Harry. How much do you want that guy's life?" MW

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The Real Middle-earth

With last month's world premiere of Peter Jackson's The Hobbit: An Unexpected Journey in New Zealand, a trip to experience Middle-earth is likely on the bucket list for many fans. Below are some of the top New Zealand tourism activities focused on The Lord of the Rings and The Hobbit: An Unexpected Journey.

RUTH ATHERLEY
life@metronews.ca

Hobbiton

Near Matamata, a picturesque town just two and a half hours from Auckland (New Zealand's largest city and the gateway to Middle-earth), visitors can enjoy a guided tour of the Hobbiton movie set.

Hidden in the magical, spectacularly green, rolling hills of the area is Hobbiton, the film set made famous in The Lord of the Rings trilogy.

Along with 37 Hobbit holes, fans can check out the Green Dragon Inn, The Mill and other structures used in the upcoming films. Not only has Hobbiton gained fame as a movie set, it is also a working farm experience, café and conference facility.

It's definitely a must for anyone who wants to truly experience the "Shire" when in New Zealand.

Hobbiton movie set in Matamata. FLICKR: ARBRON

Mountain bike skippers canyon track, Queenstown. FLICKR: TRAILSOURCE.COM

Four-wheel drive safari tour in Queenstown

Any reason to visit Queenstown, on New Zealand's South Island, is a good one, and a four-wheel drive adventure through Middle-earth gives visitors a great reason to go.

The Queenstown area was prominently featured in the filming of The Lord of the Rings trilogy and Nomad Safaris offers two different tours designed specifically for fans.

The guides are definitely one of the highlights of the tour — many were extras in the films. They know, and are happy to share, all of the local gossip about what the stars of the movies did while they were filming in the area.

Wellington

Everyone who goes to Wellington falls in love with the fun, foodie and fashion-focused city that sits at the southern tip of the North Island.

Known to many as "Wellywood" because of its flourishing film industry, fans can experience the ultimate Middle-earth full-day tour with Wellington Rover Tours — where fans can follow in the footsteps of Hobbits, and spend the day learning film secrets. Wellington also boasts the Weta Cave, which screens a behind-the-scenes look at Weta and interviews co-founder Peter Jackson, among others, has a mini-museum with some of the characters and features props and displays from The Lord of the Rings films.

Wellington. FLICKR: ASGW

Regional highlights

Hamilton Waikato

Hobbits have roamed the hills at Hobbiton movie set, near Matamata, where The Lord of the Rings and The Hobbit Trilogies were filmed.

Christchurch Canterbury

The Canterbury region was used for numerous locations for The Lord of the Rings Trilogy and the Mount Cook region has been used again for The Hobbit.

Aoraki Mount Cook (3,754 metres) is New Zealand's highest mountain and means cloud piercer.

Central Otago

Central Otago, another picturesque filming location and popular with vacationers, is renowned for being the hottest, coldest and driest part of New Zealand. It is also New Zealand's most inland region. RUTH ATHERLEY

See for yourself

Air New Zealand (airnewzealand.ca) has direct non-stop flights from Vancouver to Auckland and offers flights from many other North American cities. For more information about New Zealand, please visit: NewZealand.com.

- Hobbiton movie set tours – hobbitontours.com.

Broccoli Pasta does double duty as a warming dish and a cash saver

Whenever you have too little time and too few ingredients on hand — or when you've been eating too much meat — a great alternative is some Broccoli Pasta.

It's delicious, healthy, inexpensive and easy to prepare. The recipe, in fact, is a cinch, consisting of just a few ingredients — pasta, chicken broth, Parmigiano-Reggiano, olive oil and a large head of the namesake crucifer.

Another of this recipe's charms is its flexibility. You can swap in vegetable broth for chicken broth, spaghetti for the angel hair pasta, and any other grated hard cheese for the Parmigiano-Reggiano. Sometimes you can even lose the broccoli in favour of roasted cauliflower or Brussels sprouts.

But what makes the dish so popular is its comfort factor. It can be served soupy, so you can slurp the chicken broth along with the strands of pasta. You can also make sure there's some crusty bread within easy reach, which helps to mop up the broth not captured with a spoon.

This dish is so economical it's almost ecological.

Ingredients

- 1 large head broccoli (about 1 1/4 to 1 1/2 pounds)
- 2 tbsp extra-virgin olive oil
- Kosher salt
- 1 to 2 tsp red pepper flakes, or to taste
- 1 quart low-sodium chicken stock
- 1/2 lb whole-wheat capellini pasta
- 1 cup freshly grated Parmigiano-Reggiano cheese

1. Heat oven to 450 F. Position one of the racks in top third of oven.

2. Bring pot of water to a boil.

3. Cut broccoli, including the stems, into 2-inch pieces. Peel any thick stem pieces to remove the thick skin.

4. On rimmed baking sheet, arrange broccoli in single layer. Drizzle with oil then sprinkle with salt to taste and toss well. Place on top oven rack and roast for 10 minutes, or until broccoli is crisp tender and slightly brown at the edges. Transfer the broccoli to a large skillet, add the pepper flakes and the chicken broth, then bring to a boil over medium-high heat.

5. When water in large pot comes to boil, add a hefty pinch of salt and the pasta. Stir and cook 2 minutes, or until the pasta is limp but not quite cooked through. Drain pasta and transfer it to the broccoli pan. Simmer for 2 minutes, or until the pasta is al dente. Stir in the Parmigiano-Reggiano and salt to taste. Ladle into shallow soup bowls and serve.

THE ASSOCIATED PRESS/SARA MOULTON IS THE AUTHOR OF THREE COOKBOOKS, INCLUDING SARA MOULTON'S EVERYDAY FAMILY DINNERS.

Cold Weather Broccoli Pasta

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

Drink of the Week

Winter Wind

This drink contains traditional holiday spices and ingredients that remind recipe creator Nishan Nepulongoda of festive seasons.

"The sweetness of cinnamon mixed with fresh lime citrus creates a balanced taste that has an added hint of spice when topped with the ginger beer," says Nepulongoda, a mixologist at Blowfish Restaurant in Toronto.

- 60 ml (2 oz) gin
- 30 ml (1 oz) fresh lime juice
- 30 ml (1 oz) simple syrup
- Pinch ground cinnamon powder
- Ice cubes
- Ginger beer
- Lime slice, for garnish

Shake all ingredients with ice. Pour into a rocks glass with fresh ice. Top up with ginger beer.

THE CANADIAN PRESS/BOMBAY SAPPHIRE

From lazy holiday to dreary desktop

Back from your break? Believe it or not, there are ways to tackle this tough transition without tearing your hair out

ISHANI NATH
TalentEgg.ca

By separating the things that can wait for a few days, it will relieve some of your first-day-back workload and stress.
ISTOCK

Between frolicking in the frost and sleeping in past noon, long weekends and holidays don't leave much time to think about the office.

Unfortunately, all good things must come to an end.

The first day back at work after a holiday can be tough. While you were away, the only paperwork you did was rifling through magazines and trashy novels.

Now that you're back, you're faced with hundreds of emails, new projects and deadlines that are creeping up on you.

Many people return to work and try to go from zero-to-productive all at once, but Robert Half executive Christine Lucy says that trying to get caught up on everything right away is not the solution. For students and new hires, this can present a new challenge. Christine says, "Like anything new, you find ways to deal with it with practice."

Making up for time missed is a delicate balancing act, says Christine. You want to get back into work-mode "without stressing yourself out and losing all the benefits of that vacation."

So how do you get up to speed without getting winded?

Here are some tips for students and new grads who are trying to snap back to reality after the holidays.

Get organized

Whether you're leaving for the Bahamas or simply taking a few days off to lounge around at home, planning ahead will ease your post-vacation work week.

"Being planned and being prepared to return to work can make a big difference," says Christine.

Try to get major projects and anything that is time-sensitive out of the way before you head out.

On that first day back in the office, Christine recommends an early start. That way, you'll be able to get to work on projects that need urgent attention and start sorting through your overstuffed inbox — before coworkers start coming around to ask you about your vacation.

Be realistic

You've been gone for a few days, so don't expect to get caught up in a single day. Trying to tackle everything all at once can leave you feeling stressed and overwhelmed, so prioritize what really needs to get done right away.

For instance, rather than starting with your most recent emails and working your way down, sort through them and deal with the most important ones first.

"In reality, not everything has to be done right now," says Christine.

Say "thank you"

While you were enjoying your holiday, someone may have been covering for your job. In order to make a smooth transition back to work, make sure you acknowledge and thank them for their assistance.

A simple "thank you" will strengthen your work relationships and make people more likely to help you when it comes time for your next holiday.

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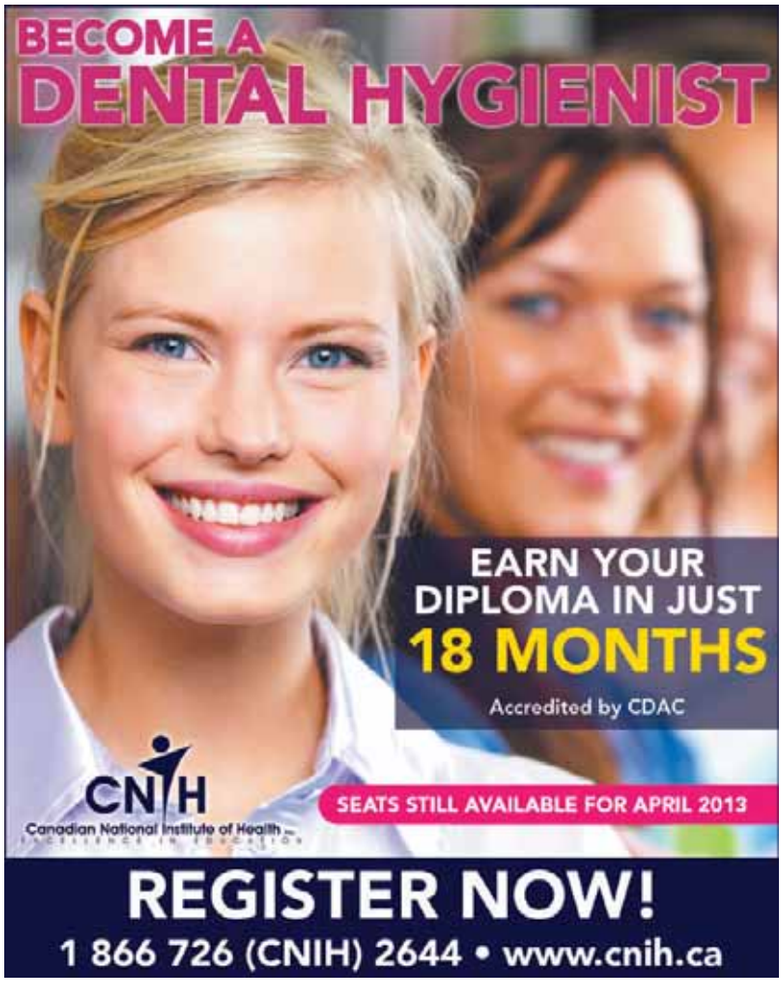


4 SPORTS

Penn State scandal

Governor to file federal lawsuit against NCAA over sanctions

Pennsylvania Gov. Tom Corbett said Tuesday he plans to sue the NCAA in federal court over stiff sanctions imposed against Penn State University in the wake of the Jerry Sandusky child-sexual-abuse scandal.

The Republican governor scheduled a Wednesday news conference on the Penn State campus in State College to announce the antitrust filing in U.S. District Court in Harrisburg, Pa.

The sanctions, which were agreed to by the university in July, included a $60-million fine that would be used nationally to finance child-abuse-prevention grants. The sanctions also included a four-year bowl-game ban for the university's marquee football program, reduced football scholarships and the forfeiture of 112 wins, but didn't include a suspension of the football program, the so-called death penalty.

The governor's office announced the news conference late Tuesday afternoon. His spokesman did not respond to repeated calls and emails seeking to confirm a Sports Illustrated story that cited anonymous sources saying a lawsuit was imminent.

THE ASSOCIATED PRESS

Pennsylvania Gov. Tom Corbett
GETTY IMAGES FILE

Team Canada teammates Dougie Hamilton, left, Anthony Camara and Malcolm Subban pretend to bobsleigh during practice on Saturday in Ufa, Russia.
NATHAN DENETTE/THE CANADIAN PRESS

Juniors forge identity half a world away

World juniors. Far from home, Canadian team sticking together on and off the ice

Goaltending coach Ron Tugnutt mused aloud during the Canadian junior hockey team's selection camp in Calgary that travelling 13 time zones to pursue a gold medal might not be a disadvantage for the team.

The world junior hockey championship was held in North America for four consecutive years from 2009 to 2012, in Ottawa, Buffalo, Saskatoon and then jointly in Calgary and Edmonton.

The moment the Canadian team stepped off the ice in those tournaments, their performance was reflected back to them around the clock via wall-to-wall media coverage.

Tugnutt hoped Ufa, Russia, would afford this team some isolation.

"They won't be seeing as much of themselves on TV," he said then. "We're kind of on our own little island out there. I think this will be good for us."

After concluding the preliminary round 4-0 to finish first in Pool B, some Canadian players spoke of the unifying effect of travelling so far from home. They've been abroad together since Dec. 15, when Canada departed Calgary for a pre-competition camp and exhibition games in Finland.

"We had a few days in Vierumaki to definitely grow that bond," captain Ryan Nugent-Hopkins said. "It's amazing how much we've come together in this tournament on and off the ice."

Canadian coach Steve Spott has observed that his players seem happiest off ice when they're hanging around their hotel together.

"They don't want to leave the hotel," Spott said. "We've had a number of team activities planned, but they enjoy being around each other in the hotel, and that, to me, is a sign of a great hockey club."

THE CANADIAN PRESS

Quoted

"Now you're into one-game situations and we all know they are very difficult games, but I do like the place our team is in right now and I like the mindset of the group."

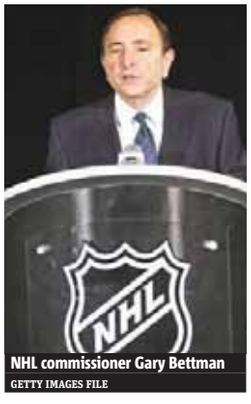
Canadian junior coach Steve Spott

Waiting for their foe

Canada earned a bye to Thursday's semifinal after finishing first in Pool B.

- They await the winner of Wednesday's quarter-final between the Czech Republic and the U.S.

NHL, union on clock to salvage season



NHL commissioner Gary Bettman
GETTY IMAGES FILE

The push toward a deal to save a shortened NHL season continued Tuesday.

The league and union put in a full day of talks with a deadline looming to reach a new collective-bargaining agreement.

After the NHLPA presented a counter-proposal on Monday, small groups from each side held a conference call early Tuesday afternoon. Another face-to-face meeting was expected at the league office in New York later in the evening.

The talks are being held with an eye on preserving at least a 48-game schedule — the same number that was played following the 1994-95 lockout.

An agreement would need to be in place by Jan. 11 for that to happen.

"What we've said is we need to drop the puck by Jan. 19 if we're going to play a 48-game season," commissioner Gary Bettman said Monday. "We don't think it makes sense to play a season that is any shorter than that."

League officials met well into the night Monday after receiving a new offer from the union. NHLPA executive director Donald Fehr said the union's proposal included movement on key issues, but declined to elaborate.

It came three days after the NHL tabled a new offer that sparked the latest round of talks.

"We covered the range of subjects they covered," said Fehr. THE ASSOCIATED PRESS

By the numbers

108

There are signs the 108-day lockout is nearing its end. Players who have spent time in Europe are starting to trickle back to North America, including Bruins forward Tyler Seguin and Rangers goalie Henrik Lundqvist, who wrote on Twitter that "hopefully I'm coming back for the right reason."

Back at the table

The NHL's most recent offer saw it soften demands on new contract rules and included a salary cap of $60 million for the 2013-14 season — a number the union believes is too low.

- While few details of the NHLPA's new proposal are known, commissioner Gary Bettman indicated that it brought attention to the key issues that still need to be addressed.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	21	8	.724	—
New York	21	9	.700	1/2
Atlanta	19	10	.655	2
Indiana	18	13	.581	4
Milwaukee	16	13	.552	5
Chicago	16	13	.552	5
Brooklyn	16	15	.516	6
Boston	14	16	.467	7 1/2
Philadelphia	14	17	.452	8
Orlando	12	19	.387	10
Toronto	**11**	**20**	**.355**	**11**
Detroit	11	22	.333	12
Charlotte	8	23	.258	14
Cleveland	7	25	.219	15 1/2
Washington	4	25	.138	17

WESTERN CONFERENCE

	W	L	Pct	GB
L.A. Clippers	25	6	.806	—
Oklahoma City	24	6	.800	1/2
San Antonio	25	8	.758	1
Memphis	19	9	.679	4 1/2
Golden State	21	10	.677	4
Houston	17	14	.548	8
Denver	17	15	.531	8 1/2
Minnesota	14	13	.519	9
Portland	15	14	.517	9
L.A. Lakers	15	15	.500	9 1/2
Utah	15	17	.469	10 1/2
Dallas	13	19	.406	12 1/2
Sacramento	11	19	.367	13 1/2
Phoenix	11	21	.344	14 1/2
New Orleans	7	23	.233	17 1/2

Division leaders ranked in top three positions and best eight teams qualify for playoffs

Tuesday's results
Dallas 103 Washington 94
Portland at New York
Sacramento at Detroit
Atlanta at New Orleans
L.A. Clippers at Denver
Philadelphia at L.A. Lakers
Monday's results
Indiana 88 Memphis 83
Charlotte 91 Chicago 81
Miami 112 Orlando 110 OT
Houston 123 Atlanta 104
San Antonio 104 Brooklyn 73
Oklahoma City 114 Phoenix 96
Wednesday's games — All Times Eastern
Portland at Toronto, 7 p.m.
Sacramento at Cleveland, 7 p.m.
Washington at Indiana, 7 p.m.
Chicago at Orlando, 7 p.m.
Memphis at Boston, 7:30 p.m.
Dallas at Miami, 7:30 p.m.
San Antonio at Milwaukee, 8 p.m.
Brooklyn at Oklahoma City, 8 p.m.
New Orleans at Houston, 8 p.m.
Philadelphia at Phoenix, 9 p.m.
Minnesota at Utah, 9 p.m.
L.A. Clippers at Golden State, 10:30 p.m.
Thursday's games
San Antonio at New York, 7:30 p.m.
Minnesota at Denver, 9 p.m.
Friday's games
Sacramento at Toronto, 7 p.m.
Brooklyn at Washington, 7 p.m.
Cleveland at Charlotte, 7 p.m.
Atlanta at Detroit, 7:30 p.m.
Philadelphia at Oklahoma City, 8 p.m.
Indiana at Boston, 8 p.m.
Chicago at Miami, 8 p.m.
Portland at Memphis, 8 p.m.
Houston at Milwaukee, 8:30 p.m.
Utah at Phoenix, 9 p.m.
L.A. Lakers at L.A. Clippers, 10:30 p.m.

HOCKEY

SPENGLER CUP

CHAMPIONSHIP GAME

Canada 7 Davos 2
SEMIFINALS
Canada 5 Fribourg 1
Davos 5 Vitkovice 4
QUARTER-FINALS
Davos 7 Ufa 5
Fribourg 5 Mannheim 2

AHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Portland	31	18	11	1	1	94	94	38
Worcester	31	17	11	1	2	86	89	37
Providence	29	16	11	0	2	74	80	34
Manchester	33	14	15	2	2	88	88	32
St. John's	34	15	18	0	1	82	99	31

NORTHEAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Springfield	30	17	8	2	3	99	70	39
Bridgeport	32	17	12	1	2	101	99	37
Albany	29	11	11	1	6	69	77	29
Adirondack	31	13	16	1	1	77	92	28
Connecticut	32	13	17	2	0	89	107	28

EAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Syracuse	32	20	7	2	3	115	88	45
Binghamton	29	19	7	1	2	96	73	41
Hershey	32	16	14	1	1	85	80	34
W-B/Scranton	31	14	14	2	1	79	85	31
Norfolk	30	14	15	1	0	79	90	29

WESTERN CONFERENCE

NORTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Toronto	31	19	9	1	2	104	81	41
Abbotsford	32	16	9	3	4	75	68	39
Rochester	31	16	12	2	1	105	99	35
Lake Erie	33	16	14	2	1	106	107	35
Hamilton	31	11	17	1	2	69	99	25

MIDWEST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Grand Rapids	30	18	10	1	1	92	80	38
Rockford	33	17	14	1	1	103	97	36
Milwaukee	31	15	13	2	1	83	89	33
Chicago	29	14	11	3	1	74	81	32
Peoria	32	14	14	2	2	77	99	32

SOUTH

	GP	W	L	OTL	SOL	GF	GA	Pt
Charlotte	33	18	11	1	3	101	91	40
Houston	32	17	10	2	3	99	91	39
Oklahoma City	32	17	11	1	3	107	95	38
Texas	32	16	11	3	2	81	86	37
San Antonio	34	13	17	0	4	86	101	30

Note: Two points awarded for a win, one for an overtime or shootout loss.
Tuesday's results
Houston 4 Oklahoma City 2
Monday's results
Bridgeport 4 Adirondack 3 (SO)
Rochester 2 Hamilton 0
Syracuse 2 W-B/Scranton 1
Portland 4 Connecticut 3
Grand Rapids 3 Rockford 1
Binghamton 4 St. John's 2
Worcester 3 Manchester 2
Oklahoma City 5 Texas 2
Peoria 2 Abbotsford 1 (SO)
Wednesday's games — All Times Eastern
Hamilton at Toronto, 7 p.m.
Providence at Portland, 7 p.m.
Thursday's games
Charlotte at Lake Erie, 7 p.m.
Chicago at Milwaukee, 8 p.m.

IIHF 2013 WORLD JUNIOR CHAMPIONSHIP

At Ufa, Russia

GROUP A

	GP	W	OTW	OTL	L	GF	GA	Pt
Sweden	4	3	1	0	0	19	8	11
Czech Republic	4	2	1	0	1	12	10	8
Switzerland	4	1	0	3	0	16	14	6
Finland	4	1	1	0	2	15	15	5
Latvia	4	0	0	0	4	6	21	0

GROUP B

	GP	W	OTW	OTL	L	GF	GA	Pt
Canada	**4**	**4**	**0**	**0**	**0**	**21**	**8**	**12**
Russia	4	2	1	0	1	13	7	8
U.S.	4	2	0	0	2	19	7	6
Slovakia	4	0	1	1	2	10	19	3
Germany	4	0	0	1	3	4	26	1

Note: Three points awarded for a regulation win, two for an overtime/shootout win and one for an overtime/shootout loss, which is registered in the respective OTW or OTL columns.
Monday's results
Canada 4 Russia 1
Czech Republic 4 Switzerland 3 (OT)
Sweden 7 Finland 4
U.S. 9 Slovakia 3
END OF PRELIMINARY ROUND
Wednesday's games — All Times Eastern
QUARTER-FINALS
Czech Republic vs. U.S., 4 a.m.
Russia vs. Switzerland, 8 a.m.
RELEGATION BRACKET
Finland vs. Germany, 6 a.m.
Thursday's games
SEMIFINALS
Canada vs. Czech Republic/ U.S. winner, 4 or 8 a.m.
Sweden vs. Russia/Switzerland winner, 4 or 8 a.m.
RELEGATION BRACKET
Slovakia vs. Latvia, 6 a.m.
Friday's games
RELEGATION BRACKET
Latvia vs. Germany, 4 a.m.
Finland vs. Slovakia, 8 a.m.
Fifth Place
Quarter-finals losers, 8 a.m.

SCORING LEADERS

	G	A	P
Nugent-Hopkins, Cda	**3**	**8**	**11**
Galchenyuk, U.S.	2	5	7
Huberdeau, Cda	**2**	**5**	**7**
Scheifele, Cda	**4**	**2**	**6**
Strome, Cda	**4**	**2**	**6**
Arvidsson, Swe	4	1	5
Granlund, Fin	4	1	5
Collberg, Swe	3	2	5
Andrighetto, Sui	2	3	5
Arima, Fin	2	3	5
Dano, Svk	2	3	5
Molin, Swe	2	3	5
Jaskin, Cze	2	3	5
Martschini, Sui	1	4	5
Rakell, Swe	0	5	5
Trouba, U.S.	4	0	4
Kucherov, Rus	3	1	4
Kunzle, Sui	3	1	4
Matis, Svk	3	1	4
Teravainen, Fin	3	1	4
Bertaggia, Sui	2	2	4
Drouin, Cda	**2**	**2**	**4**
F.Forsberg, Swe	2	2	4
Ristolainen, Fin	2	2	4
Simion, Sui	2	2	4
Yakupov, Rus	1	3	4
Richard, Sui	0	4	4
Sidlik, Cze	0	4	4
Vikstrand, Swe	0	4	4
Kosov, Rus	3	0	3
Yarullin, Rus	3	0	3

CANADA 4, RUSSIA 1

At Ufa, Russia
First Period
1. Canada, Hamilton 1 (Nugent-Hopkins) 14:04 (pp)
2. Canada, Scheifele 4 (Nugent-Hopkins, Huberdeau) 15:58 (pp)
3. Russia, Kucherov 3, 17:36.
Penalties —Nichushkin Rus (checking from behind major, game misconduct) 11:44.
Second Period
4. Canada, Drouin 2 (Nugent-Hopkins) 6:31.
Penalties —MacKinnon Cda (boarding) 4:15, Mironov Rus (high-sticking) 8:34, MacKinnon Cda (high-sticking) 13:04, Zharkov Rus (tripping) 18:45.
Third Period
5. Canada, Huberdeau 2, 19:32 (en)
Missed penalty shot —Tkachov Rus, 19:41.
Penalty —Murphy Cda (hooking) 19:41.
Shots on goal

Russia	**10**	**8**	**4**	**—22**
Canada	**23**	**15**	**10**	**—48**

Goal —Russia: Makarov (L,1-1): Canada: Subban (W,4-0).
Power plays (goals-chances) —Russia: 0-3; Canada: 2-2.
Referees —Harry Dumas (U.S.), Mikael Sjoqvist (Sweden). **Linesmen** —Tommy George (U.S.), Peter Stano (Slovakia).
Attendance —7,988 (8,250) at Ufa, Russia.

IIHF WORLD UNDER-17 CHALLENGE

At Drummondville and Victoriaville, Que.

GROUP A

	GP	W	OTW	OTL	L	GF	GA	Pt
Sweden	4	4	0	0	0	24	10	12
Russia	3	1	0	1	1	17	17	4
Finland	2	1	0	0	1	9	11	3
Pacific	2	0	1	0	1	11	13	2
Western Cda	3	0	0	0	3	6	16	0

GROUP B

	GP	W	OTW	OTL	L	GF	GA	Pt
U.S.	3	2	1	0	0	17	9	8
Ontario	3	2	0	1	0	28	7	7
Quebec	2	1	0	0	1	6	7	3
Atlantic Cda	4	1	0	0	3	10	23	3
Slovakia	2	0	0	0	2	1	16	0

Note: Three points for a regulation win, two for an overtime win and one for an overtime loss.
Tuesday's results
At Drummondville, Que.
Ontario 11 Atlantic Canada 1
Quebec vs. Slovakia
At Victoriaville, Que.
Sweden 7 Russia 4
Finland vs. Pacific
Monday's results
At Drummondville, Que.
Finland 6 Western Canada 4
Sweden 6 Pacific 3
At Victoriaville, Que.
Atlantic Canada 4 Slovakia 1
U.S. 5 Quebec 1
Sunday's results
At Drummondville, Que.
Russia 6 Western Canada 2
Sweden 7 Finland 3
At Victoriaville, Que.
Ontario 12 Slovakia 0
U.S. 6 Atlantic Canada 3
Wednesday's games
At Drummondville, Que.
Slovakia vs. U.S., 1:30 p.m.
Quebec vs. Ontario, 7:30 p.m.
At Victoriaville, Que.
Russia vs. Finland, 1:30 p.m.
Western Canada vs. Pacific, 7:30 p.m.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
y-New England	12	4	0	.750	557	331
Miami	7	9	0	.438	288	317
Buffalo	6	10	0	.375	344	435
N.Y. Jets	6	10	0	.375	281	375

SOUTH

	W	L	T	Pct	PF	PA
y-Houston	12	4	0	.750	416	331
x-Indianapolis	11	5	0	.688	357	387
Tennessee	6	10	0	.375	330	471
Jacksonville	2	14	0	.125	255	444

NORTH

	W	L	T	Pct	PF	PA
y-Baltimore	10	6	0	.625	398	344
x-Cincinnati	10	6	0	.625	391	320
Pittsburgh	8	8	0	.500	336	314
Cleveland	5	11	0	.313	302	368

WEST

	W	L	T	Pct	PF	PA
y-Denver	13	3	0	.813	481	289
San Diego	7	9	0	.438	350	350
Oakland	4	12	0	.250	290	443
Kansas City	2	14	0	.125	211	425

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
y-Washington	10	6	0	.625	436	388
N.Y. Giants	9	7	0	.563	429	344
Dallas	8	8	0	.500	376	400
Philadelphia	4	12	0	.250	280	444

SOUTH

	W	L	T	Pct	PF	PA
y-Atlanta	13	3	0	.813	419	299
Carolina	7	9	0	.438	357	363
New Orleans	7	9	0	.438	461	454
Tampa Bay	7	9	0	.438	389	394

NORTH

	W	L	T	Pct	PF	PA
y-Green Bay	11	5	0	.688	433	336
x-Minnesota	10	6	0	.625	379	348
Chicago	10	6	0	.625	375	277
Detroit	4	12	0	.250	372	437

WEST

	W	L	T	Pct	PF	PA
y-San Francisco	11	4	1	.719	397	273
x-Seattle	11	5	0	.688	412	245
St. Louis	7	8	1	.469	299	348
Arizona	5	11	0	.313	250	357

x — clinched playoff berth; **y** — clinched division.

WEEK 17

Sunday's games
Buffalo 28 N.Y. Jets 9
Pittsburgh 24 Cleveland 10
Cincinnati 23 Baltimore 17
Tennessee 38 Jacksonville 20
Indianapolis 28 Houston 16
N.Y. Giants 42 Philadelphia 7
Chicago 26 Detroit 24
Tampa Bay 22 Atlanta 17
Carolina 44 New Orleans 38
New England 28 Miami 0
San Diego 24 Oakland 21
Denver 38 Kansas City 3
Minnesota 37 Green Bay 34
San Francisco 27 Arizona 13
Seattle 20 St. Louis 13
Washington 28 Dallas 18

WILD-CARD PLAYOFFS

Saturday's games — All Times Eastern
Cincinnati at Houston, 4:30 p.m.
Minnesota at Green Bay, 8 p.m.
Sunday's games
Indianapolis at Baltimore, 1 p.m.
Seattle at Washington, 4:30 p.m.

DIVISIONAL PLAYOFFS

Saturday, Jan. 12
Baltimore, Indianapolis or Cincinnati at Denver, 4:30 p.m.
Washington, Seattle or Green Bay at San Francisco, 8 p.m.
Sunday, Jan. 13
Washington, Seattle or Minnesota at Atlanta, 1 p.m.
Baltimore, Indianapolis or Houston at New England, 4:30 p.m.

TENNIS

ATP

BRISBANE INTERNATIONAL

At Brisbane, Australia
Lleyton Hewitt, Australia, def. Igor Kunitsyn, Russia, 6-3, 4-6, 6-2.
David Goffin, Belgium, def. Matthew Ebden, Australia, 6-2, 6-2.
Grigor Dimitrov, Bulgaria, def. Brian Baker, United States, 6-3, 7-6 (10-8).
Tommy Robredo, Spain, def. Ryan Harrison, United States, 6-4, 7-6 (7-4).

WTA

BRISBANE INTERNATIONAL

At Brisbane, Australia
Serena Williams (3), United States, def. Alize Cornet, France, 6-2, 6-2.
Ksenia Pervak, Kazakhstan, def. Urszula Radwanska, Poland, 3-6, 6-2, 7-6 (8-6).

ATP

QATAR EXXON MOBIL OPEN

At Doha, Qatar
Lukas Lacko, Slovakia, def. Guillermo Garcia-Lopez, Spain, 6-1, 2-6, 6-4.
Mikhail Youzhny (4), Russia, def. Benjamin Becker, Germany, 4-6, 7-6 (7-3), 6-1.
Daniel Brands, Germany, def. Jeremy Chardy (5), France, 6-4, 6-4.
Mohamed Safwat, Egypt, def. Jabor Mohammed Ali Mutawa, Qatar, 6-0, 6-0.
Tobias Kamke, Germany, def. Ruben Ramirez Hidalgo, Spain, 6-1, 6-2.
David Ferrer (1), Spain, def. Dustin Brown, Germany, 5-7, 6-3, 6-2.
Richard Gasquet (2), France, def. Jan Hernych, Czech Republic, 6-3, 6-4.
Gael Monfils, France, def. Mousa Shanan Zayed, Qatar, 6-0, 6-3.
Lukasz Kubot, Poland, def. Feliciano Lopez (7), Spain, 6-4, 6-2.
Lukas Rosol, Czech Republic, def. Pablo Andujar (8), Spain, 6-2, 7-6 (7-2).

Revving up some auto nostalgia

Danny Koker, the restomodding maestro on Pawn Stars' speed dial, has revved the engine on a spinoff series. On History's Counting Cars (premieres tonight 9 p.m. ET/PT), 'The Count' hunts down classic wheels, fixes 'em up and then either flips them or adds the finished beauties to his personal collection. We sought Koker's counsel on some of the sweetest rides to grace the small and big screen.

MIKE DOJC
drive@metronews.ca

Q & A. Danny 'The Count' Koker weighs in

Danny Koker
HANDOUT

When Rick and the gang at Pawn Stars need advice on anything with wheels and an engine, they call Danny "The Count" Koker of Las Vegas' Count Kustoms. On Counting Cars, his spinoff series on History, Koker trolls the streets of Nevada for sweet rides to fix up and then flip, but if he grows too attached, they find their way into his expansive personal collection.

Do you have any tips for first time restorers looking for a project?
Don't get in over your head and pick something that you personally love because you're going to get frustrated and want to throw in the towel somewhere along the line. That's why you gotta pick something that you connect with so you'll stick with the project and see it through to the end. If it's a first time project, pick something simple.

MIKE DOJC

1968 Mustang GT 390 Fastback, Bullitt

You can't picture this car without Steve McQueen behind the wheel. The image of the muted highland green muscle car — with deleted emblems and a blacked out tail panel — burning up the hilly streets of San Francisco in hot pursuit of a jet black Dodge Charger has seared itself into the consciousness of cinephiles and auto enthusiasts alike.
Restoration challenge: Rust is a common issue and you'll likely have to start with a real beater. "Everybody loves to hot rod old mustangs. Lots of them have been crashed on drag strips and roadrace courses, or somebody's teenage kid has wrapped one around a tree. Good examples are getting hard to find, so you're having to settle," explains Koker, who puts $22,000 into a real hunk of junk and transforms it into a beautiful Bullitt tribute on the debut episode.
Price: $50 to 60k depending on options.

1969 Dodge Charger, Dukes of Hazzard

The General Lee didn't just give Boss Hogg's flunkies the slip; Chrysler's aerodynamic wild child was designed to lap the competition. Of course, no car could land those ridiculous frame-buckling jumps and drive away unscathed. Nearly 300 Chargers were wrecked over the run of the television series from 1979-1985. "These were really awesome cars with huge engines stuffed into them. You could get a 440 with a six pack (six carburetors), or you could get a hemi. The car was a drag race car right off the showroom floor," says Koker.
Restoration Challenge: While the parts are out there for old Mopars, they didn't produce as many as other muscle cars from the same period, so they're much more expensive. **Price:** You can build one for $30 to 40k.

1961 Ferrari 250 GT California Spyder, Ferris Bueller's Day Off

Car-crazed teens drooled on their popcorn over this candy red V12 five-speed aluminum-bodied dream machine when Matthew Broderick took this "so choice" beauty for a spin. "Ironically, the one in the movie was a replica," explains Koker. "(They used) a fiberglass-bodied car on a late model Mustang chassis with a small block Ford 302 motor. To use a real '61 Spyder would've been insane."
Restoration Challenge: Finding original parts would be almost impossible. But if you have deep pockets, you could go to Italy and have Ferrari re-manufacture whatever you need. **Price:** In 2008, a '61 once owned by the late James Coburn sold for $10.9 million. The actual car from the film sold for a mere fraction of that in 2010, fetching $122,000 in a Bonhams auction, practically double the London auction house's estimate of $45 to 65k.

Hot cars and hot trends for 2013

Sexy ride! A rundown of the year's most exciting vehicles and their mouth-watering features

AUTO PILOT
Mike Goetz
drive@metronews.ca

It's that time again when we must take stock of last year and look forward to the next. Or climb into a big, woolen sock and hibernate until May. Someone poked me with a stick, so I'm up- and-Adam and ready to pursue the former option.

2012 was a year when the manufacturers really focused on giving us increased fuel economy in every vehicle category, and not just the smaller ones.

This is a trend we'll certainly see continue in 2013 and beyond. Exhibit A: The all-new and completely redesigned Corvette debuting at this month's Detroit auto show. It promises to go from zero to 60 m.p.h. in under four seconds and deliver 26 m.p.g. (9 L/100 km) fuel efficiency on the highway.

The 'Vette is also part of another trend — that high-end performance and luxury vehicles aren't going anywhere. They seem indifferent to socio-economic times that might suggest buyers lean toward more austere and/or greener choices. Luxury brands in Canada actually did better (proportionally) in the 2012 sales year than many mainstream brands.

BMW has an interesting strategy rolling out in 2013 to cope with this duality in the marketplace. It will introduce the "I" sub-brand, to distinguish the automaker's most out-there green vehicles. The i3, a five-door EV, will launch at the end of 2013, while the i8 hybrid sports car will follow in early 2014.

All luxury brands helped themselves recently by dipping into smaller and less-expensive segments. Last year, we saw Buick Encore and BMW X1 work this angle, and next year Audi Q3 will do its thing in this compact-luxury segment. Get ready to see more of these compact, entry-level luxury crossovers.

But the one luxury-performance car I'm most looking forward to next year is the 2013 Jaguar F-Type, the first full-on two-seat sports car from Jaguar in more than 50 years.

Vroom

The one luxury-performance car I'm most looking forward to next year is the 2013 Jaguar F-Type, the first full-on two-seat sports car from Jaguar in more than 50 years

Mike Goetz

Small is getting more fun, with the recent arrivals of such over-achievers as Ford Focus ST, Fiat 500 Abarth and Mini Roadster. Fun will go even smaller, when the 2014 Ford Fiesta ST arrives, with its near-200 hp Ecoboost engine and 6-speed manual shifter.

This influx of hot, small and bothered vehicles is also part of another, larger trend — North American buyers are becoming more simpatico with our European counterparts. As such, we're seeing less differentiation between product offerings between the markets and that's a good thing. Two interesting Euro-born vehicles to watch for next year are the four-door Fiat 500L and Ford's new minivan, the Transit Connect.

Camouflaged Corvette debuting at the Detroit auto show. HANDOUT

Of course we'll see more full-on EVs come on stream in 2013, such as Chevrolet Spark EV, smart ForTwo Electric, Honda Fit EV, and the fore-mentioned BMW i3. Will they help make EV mainstream? Probably not in 2013, but if they keep coming and do their stuff, prime time can't be too far away.

And how about mainstream diesel? The all-new 2014 Mazda6 is available with a 2.2-litre diesel engine. As the first (non-VW) mainstream sedan with a diesel, it will be interesting to watch how it will be embraced in 2013.

Finally, we must also pay attention to the continuing "smart phoning" of vehicles. Just this week, Hyundai announced it was working on a smart phone app utilizing NFC technology that would allow you to do a host of things to your vehicle, not the least of which would be unlocking it and starting it. Yes, starting your car with a phone and not a key. Which begs the question, at what point is the smartphone an extension of the car, or the car an extension of the smartphone? I'll leave you now to discuss that, 'cause I'm crawling back into my comfy sock.

†Coverage begins from the original new retail sale date and covers 7-years/140,000-kilometres, whichever comes first. ‡0.9% APR only for well qualified buyers; not all buyers will qualify. Amount of down payment and other factors may affect qualification. 0.9% APR available on all models and all qualifying model years (the 5 model years immediately preceding the date of this advertisement, or newer) for up to 24-month terms. Based on a representative example of $15,000 financed at 0.9% over 24 months equals monthly payments of $630.88 with $0 down payment, cost of borrowing is $141.03 with a total obligation of $15,141.03. Licence, insurance, taxes, down payment, and, where applicable, PPSA and other dealer charges are extra and may be required at time of purchase. Finance on approved credit for qualified customers only. Offer subject to change without notice. Visit your participating dealer for complete details.

Horoscopes

♈ Aries
March 21 - April 20
You have been a bit too generous for your own good of late and, not surprisingly, someone has taken advantage of the situation. Now you must take back what was taken from you, plus a little extra for your trouble.

♉ Taurus
April 21 - May 21
If there is something new you would like to do, something extravagant and exciting, you must stop dreaming about it and get on with it. The Sun in Capricorn urges you to get busy right now — later is too late.

♊ Gemini
May 22 - June 21
What happens over the next two or three days will bring the kind of changes that even you feel happy about. You should have realized by now that not all change is bad. Some change is exciting and even inspiring.

♋ Cancer
June 22 - July 23
You are embarking on one of the best times for one-to-one relationships, both personal and professional. Others will go out of their way to help you over the next 24 hours. Go out of your way to enjoy it.

♌ Leo
July 24 - Aug. 23
Focus on quality work today. You may be tempted to take on more duties and responsibilities but that will inevitably lead to a loss of value. The fewer things you do, the better you will do them.

♍ Virgo
Aug. 24 - Sept. 23
This may be a time of great activity but don't overdo it. Set your sights high today but don't aim for too many things all at the same time. No matter how fit you feel you will burn yourself out.

♎ Libra
Sept. 24 - Oct. 23
You will have to make decisions for other people today. It may worry you that their welfare is in your hands but fate has put you in this position for a reason, so be confident you will make a success of it.

♏ Scorpio
Oct. 2 04 - Nov. 22
You will face a number of challenges over the next few days and you cannot run away from them. That's good. Your life is in a bit of a rut at the moment and you need something to get you out of it.

♐ Sagittarius
Nov. 23 - Dec. 21
If someone asks you to take on more work today you must be strong-minded enough to say no. Whatever you might think you owe other people, you owe more to yourself — and nothing matters more than your health.

♑ Capricorn
Dec. 22 - Jan. 20
There is nothing you cannot achieve if you want it enough. Rarely have the omens been this good, so stop worrying about what the neighbors might think and start living the kind of life you dream of.

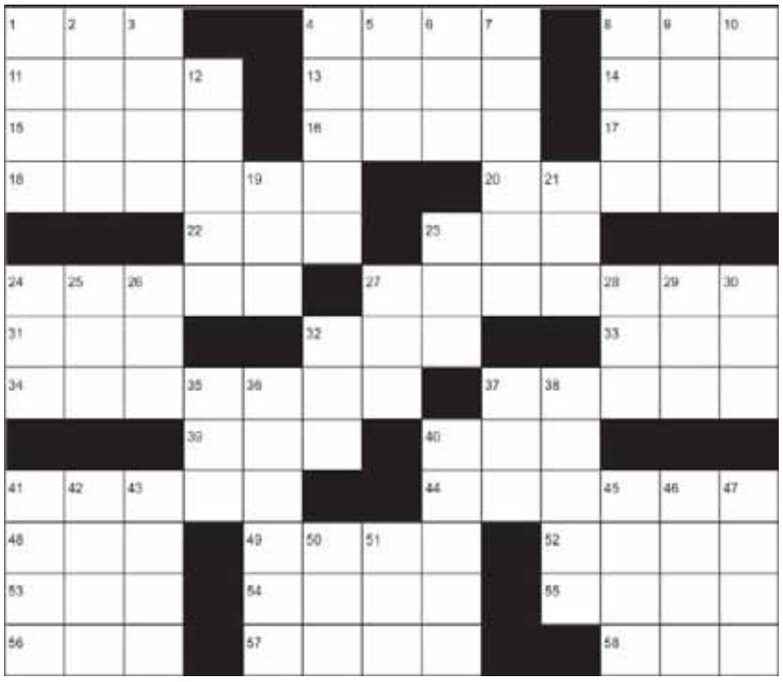
♒ Aquarius
Jan. 21 - Feb. 19
You may be tempted to start something new today but the planets indicate it would be wiser, and easier, to focus your energies on finishing what you have already started. Attitude is everything. Think of it as fun.

♓ Pisces
Feb. 20 - March 20
The planets warn you have only a limited grasp of what is going on at the moment and what others tell you today is needed to complete the picture. Thank them for pointing out what you have missed.

SALLY BROMPTON

Crossword

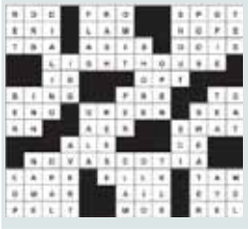
BY BETTY MARTIN



Across
1. Light-feather link (2 words)
4. College major
8. Captain's journal
11. Lose one's cool
13. Operatic solo
14. "Cold Mountain" heroine
15. The Munsters' bat
16. Auction word
17. Term of respect
18. Defense mechanism
20. Not now
22. Happy Days hangout
23. Chest muscle, for short
24. Soup server
27. Frontier figure
31. Disney deer
32. – – standstill (2 words)
33. Wide shoe width
34. Be lenient with
37. Aroma
39. Lay eyes on
40. Exclude
41. Book contents
44. Newspaper employee
48. Slippery fish
49. Variety
52. Scotch partner
53. Before, of yore
54. Sign on a door
55. Nudge
56. Fish eggs
57. Snoopy
58. Hospital units (abbr.)

Down
1. Extremely dry
2. Stuffing herb
3. Before long
4. Sends a letter
5. Gallery display
6. Even score
7. Small village
8. Bringing up the rear
9. Cartoon dog
10. Actress Teri of "Tootsie"
12. Courtroom drama
19. Pub offering
21. Pretend
23. Soup vegetable
24. Flower garland
25. Abby's twin sister
26. Family man
27. Sault — Marie
28. Jeans brand
29. Poetic time of day
30. Soak as flax
32. Epoch
35. Benefit
36. Subside
37. Down in the dumps
38. Crunchy
40. Veronica's friend
41. Look closely
42. Flying (prefix)
43. High spirits
45. Ripped
46. Unpleasant smell
47. X-ray dosages
50. Losing tic-tac-toe row
51. Sue Grafton novel: – – for Ricochet (letter and word)

Dec. 21's Crossword



What's online

See today's answers metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

4			3		9			
5	9						4	8
	6			4		9		
	3		1	2				4
		2				7		
1				8	7		5	
		4		1			6	
9	1						2	3
			2		6			7

Dec. 21's Sudoku

7	5	8	9	1	3	2	4	6
9	6	3	4	7	2	8	5	1
2	4	1	5	8	6	3	7	9
1	7	4	6	3	9	5	8	2
5	8	2	1	4	7	9	6	3
3	9	6	2	5	8	4	1	7
4	1	9	7	2	5	6	3	8
8	3	5	8	9	1	7	2	4
6	2	7	3	6	4	1	9	5

Today -14°/-23° Mainly sunny
Thursday -10°/-14° Flurries
Know what the weather will be 14 days from now.
Check the 14 day trend.
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2013 ELANTRA

GET UP TO

$2,000 IN PRICE ADJUSTMENTS‡ WITH **0%†** FINANCING FOR 24 MONTHS

FRIENDS & FAMILY SELLING PRICE **$15,480♦**

ELANTRA L 6-SPEED MANUAL. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

NORTH AMERICAN CAR OF THE YEAR

AJAC www.ajac.ca AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

2012 CANADIAN & NORTH AMERICAN CAR OF THE YEAR

HWY: **5.2**L/100 KM
CITY: **7.1**L/100 KM

Limited model shown

HWY: **5.6**L/100 KM
CITY: **8.7**L/100 KM

Limited model shown

2013 SONATA

GET UP TO

$3,500 IN PRICE ADJUSTMENTS‡ WITH **0%†** FINANCING FOR 48 MONTHS

FRIENDS & FAMILY SELLING PRICE **$22,200♦**

SONATA GL AUTO. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

THE MOST FUEL-EFFICIENT FULL-SIZED CAR – NATURAL RESOURCE CANADA'S 2012 ECOENERGY VEHICLE AWARD◊

HWY: **6.7**L/100 KM
CITY: **10.1**L/100 KM

Limited model shown

2013 SANTA FE

GET UP TO

$1,150 IN PRICE ADJUSTMENTS‡ WITH **0%†** FINANCING FOR 24 MONTHS

FRIENDS & FAMILY SELLING PRICE **$27,245♦**

SANTA FE 2.4L FWD AUTO. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

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5 YEAR WARRANTY
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COMPREHENSIVE LIMITED WARRANTY††

5-year/100,000 km Comprehensive Limited Warranty
5-year/100,000 km Powertrain Warranty
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